

CELEBRITY TRAINER | HOST FIXATE® COOKING SHOW
AND NOW AUTHOR OF 75 HEALTHY LUNCH IDEAS FOR KIDS

AUTUMN CALABRESE

A celebrity trainer, bestselling author, and working mom, Autumn revolutionized the Beachbody® fitness model with her simple approach to portion control. Her programs include 21 Day Fix®, 21 Day Fix EXTREME®, The Master's Hammer and Chisel™, Country Heat™, as well as her FIXATE® cookbook which sold over 400,000 copies and her new FIXATE™ Cooking Show.

21 Day Fix was the top longform infomercial of 2015.
BASED ON MEDIA SPEND AND NUMBER OF AIRINGS

21 Day Fix was the top selling product in the Network in 2015 and 2016. BASED ON CHALLENGE PACK UNITS

21 Day Fix has had the #1 viewed workout on Beachbody on Demand for the past 2 years.
CARDIO FIX- 2015 AND 2016

Autumn's programs have sold over **3MM units** combined.
NOTE: P90X HAS SOLD 4.3MM OVER 10+ YEARS



AS SEEN ON

POPSUGAR SHAPE OK!

THE QUEEN LATIFAH SHOW Hallmark CHANNEL KTLA 5

PODCAST THE DR. OZ SHOW ACCESS HOLLYWOOD / ★

 AutumnCalabrese.com

    @autumncalabrese

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